Other Resources

PFLAG Booklets

www.pflagsouthoc.com/resources

- Be Yourself
- Our Children
- Our Trans Loved Ones
- Guide to Being a Trans Ally
- Faith in Our Families

For people with close ties to a faith community which is not welcoming, your faith and your love for your LGBTQ family member may be at odds with each other. Being LGBTQ does not impact one's ability to be moral and spiritual, and indeed many LGBTQ people are active in their own faith communities. This may be a good time to explore and question in order to reconcile religion with sexual orientation and gender identity; then to determine the next best steps for you and your loved one.

Trevor Project:

Provides CRISIS counseling specifically to LGBTQ young people to reduce their risk of becoming suicidal. Educates those who interact with young people on LGBTQ competent suicide prevention and response.

Trevor Lifeline: 866-488-7386 www.thetrevorproject.org (chat or text)

The Center OC:

Comprehensive services promoting the healing, well-being and empowerment of the LGBTQ community. The Center runs numerous leadership, social and educational programs for LGBTQ youth and allies. Contact: 714-953-5428

www.lgbtcenteroc.org

Other Southern California Chapters:

Long Beach: pflaglb@yahoo.com

Los Angeles: pflagla.org

North OC: ocpflag@gmail.com
Pasadena: pflagpasadena.org
Santa Clarita: pflagscv.org
San Diego: pflag.com
Palm Springs: pspflag.org
Temecula: pflagtemecula.org

San Gabriel API: sangabrielvalleyapipflag.com

Scholarship Information

South Orange County PFLAG sponsors scholarships for LGBTQ individuals and allies with family residence in Orange County. For more information go to

www.socalplag.org/scholarships



Mailing Address:

P.O. Box 2808 Laguna Hills, CA 92654



facebook.com/pflagsouthoc

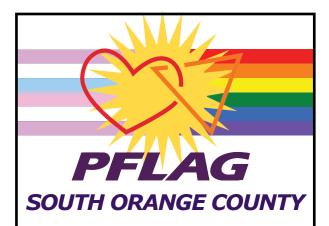


Speaker's Bureau

The PFLAG Speakers Bureau (LB/OC) provides speakers free of charge to schools, businesses, or any organizations seeking education about sexual orientation, gender identity or the LGBTQ community.

For more information about the Speakers Bureau or to request a panel, please contact:

PFLAGSpeak@vahoo.com



Parents, Families, Friends and Allies United with LGBT People to Move Equality Forward!

SUPPORT EDUCATION ADVOCACY

Monthly Support Meetings:

3rd Wednesday of the month at 7pm St. George's Episcopal Church 23802 Avenida De La Carlota Laguna Woods, CA 92653 pflagsouthoc@cox.net (949) 677-7840 www.socalpflag.org

PFLAG National:

www.pflag.org

Supporting the lesbian, gay, bisexual, transgender, queer and questioning community since 1972.

Our Vision

PFLAG envisions a world where diversity is celebrated and all people are respected, valued, and affirmed inclusive of their sexual expression.

"With ignorance comes fearfrom fear comes bigotry. Education is the key to acceptance."

Kathleen Patel
"The Bullying Epidemic The Guide to Arm You for the Fight"



Our Mission

By meeting people where they are and collaborating with others,
PFLAG realizes its vision through:
Support for families, allies and people who are LGBTQ.
Education for ourselves and others about the unique issues and challenges facing people who are LGBTQ.
Advocacy in our communities to change attitudes and create policies and laws that achieve full equality for people who are LGBTQ.

PFLAG is a non-profit, tax-exempt, community based organization of parents, family, friends, lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) persons.

PFLAG is not affiliated with any religious or political group.
For more information about PFLAG or to find educational resources, please check local and national PFLAG websites.

Who We Are

Founded in 1972 with the simple act of a mother publicly supporting her gay son, PFLAG is the nation's largest family and ally organization for parents, families, allies and LGBTQ persons. We encourage you to call our outreach line, or email us, and especially to attend our monthly support meetings. We provide a supportive, accepting and confidential environment where people can share, learn and grow as supporters and members of the LGBTQ community. Uniting people who are LGBTQ with families, friends and allies, PFLAG is committed to advancing equality through its mission of support, education, and advocacy.

"Parenthood is about raising and celebrating the child you have, not the child you thought you'd have. It's about understanding your child is exactly the person they're supposed to be. And, if you're lucky, they might be the teacher who turns you into the person you're



Family support and acceptance is critical to the health and wellbeing of people who are lesbian, gay, bisexual, transgender and queer...and PFLAG has been at the forefront of this work for over four decades. Find out more about how we have been supporting thousands of families across the country and around the world, and the ways in which we can provide that support to your family.

Are you lesbian, gay, bisexual, transgender, queer or questioning (LGBTO)?



Do you have a family member or friend who is LGBTQ?

Do you know someone who has a child who is LGBTQ?

Do you believe all citizens deserve equal civil rights and responsibilities regardless of sexual orientation or gender identity?

If you answered yes to any of the above questions-



"The world changes in direct proportion to the number of people willing to be honest about their lives."

Armistead Maupin, author

Rev.: 03-13-2017